

The Just Right Challenge

Actions speak louder than words

The VdT Model of Creative Ability (MoCA) is being used by Occupational Therapists to assess an individual's skills and to guide the therapist in providing the 'Just Right Challenge'.

In learning disability services, Occupational Therapists engage clients in everyday activities to improve or maintain the skills they have and give meaning and quality to their lives.

Three typical OT referrals within learning disability services



