

‘Beautifully Disparate - From Total Destruction to a Beautiful Goose’

**Applying The VdT Model of Creative Ability to a patient with
Complex Personality Disorder**

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- Introduce the interactive activity

Initial impression

- Very tall, muscular man, had a presence
- Short hair, clean shaven and well kempt
- Appropriately dressed
- He greeted me and was articulate
- He appreciated being in hospital
- He was interacting with staff and patients
- He was knowledgeable and creative
- He had aspirations to work self employed
- He was keen to engage with Occupational Therapy

Initial assessments

- Initial interview – 45 minutes
- Task assessments – cherry pie, decorating a box (2:1 & in a group)
- Drinks in the café – (me & care coordinator)

His project

- He wanted to make a replica of a pattern he had created on a box with match sticks some time ago
- He started by making a sanding board and then began to sand each stick to ensure a straight edge
- He then methodically stuck them in diagonal patterns to a wooden board

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- And then the destruction started



He destroyed.....

- Materials
- Objects
- People
- Situations

Other observations....

- Personal management
- Social ability
- Work ability
- Use of free time



And then the goose helped us
make sense of it all

‘Creative Ability is the ability to present oneself freely,
without anxiety, limitations or inhibitions’







And then it snowed.....





In May 2013 he said.....

- I've come a long way, and you've helped me. And you know what started it The goose!

Reflections.....

