

ICAN provides training to meet a range of learning and development needs:

**Foundation Knowledge** - courses providing description and explanation, illustrated by practice examples

**Advanced Knowledge:**

**Exploring theory** – gaining in-depth knowledge of creative ability through exploring theoretical and philosophical underpinnings of the VdTMoCA

**Advancing knowledge and skills** – situation and context specific teaching & learning, e.g. services for people with a personality disorder.

**Exploring Practice** – Supervision and reflection on practice for novices and advanced practitioners

## The VdTMoCA for Nurses and Healthcare Assistants (online)

**£320** (no VAT to add) **Team rate** is available.

This Foundation Knowledge **2-day course** is suitable for nurses and healthcare assistants who are working collaboratively with Occupational Therapists who are trained/competent in the use of the VdTMoCA and actively applying the model to practice. The overall aim of this course is to enable nurses to gain knowledge of how people differ in terms of levels and phases of creative ability, in order to further develop their skills in enabling clients to engage and perform to their fullest potential in day-to-day interactions and daily activities. The course provides examples from mental health practice but learning gained can be applied in any field of practice.

The course objectives, and therefore the learning outcomes are:

- Have a basic understanding of creative ability, including levels and phases
- Describe the methods used by occupational therapists to assess creative ability and the importance of a collaborative team approach to assessment
- Explain the treatment principles
- Explain how to select activities to enable a person to therapeutically engage at his/her level of creative ability
- Identify treatment principles applied to practice in a clinical case (video)
- Explain how treatment principles could be applied to routine ward-based practice
- Explain how clients' creative ability could be recorded

The course is organised in course **chapters**.

### CHAPTER 1 – THEORETICAL CONCEPTS

Modules: Theory related to clients  
Theoretical concepts - COMPONENTS OF CREATIVE ABILITY  
Theoretical concepts - CONCEPT FORMATION  
Theoretical concepts – NORM AWARENESS  
Theoretical concepts – TASK CONCEPT  
Occupational Performance Areas

### CHAPTER 2 – THE LEVELS OF CREATIVE ABILITY

Modules: Seeing the levels in action  
Phases of creative ability  
The levels of creative ability: examples from practice

### CHAPTER 3 – ASSESSMENT OF CREATIVE ABILITY

Overview of the occupational therapy assessment of creative ability, and the assessment form

### CHAPTER 4 - INTERVENTION

Modules: Enabling engagement  
Ideas for application to ward team intervention  
Facilitating care plan reviews, recording level and phase, communicating with colours, ward roles  
Creating guides to enable staff

## CHAPTER 5 – RECORDING AND REPORTING

### Examples of recording formats for nurses

#### Course Documents provided:

**Course workbook** –to print. This workbook is designed to provide course content and a place for keeping notes. On completion of the course, this workbook serves as a manual for the application of the VdTMoCA to practice and a resource for teaching colleagues and students.

**ICAN Levels Guide for Nurses and Healthcare Assistants** – to print.

Access to **conference presentations and posters** illustrating the levels of creative ability and a VdTMoCA-informed team approach.

#### General information - Online training

- ✓ Everything is in one place and easy to access 24-7 from all devices: PC, laptops, tablets, and smartphones
- ✓ Work at your own pace
- ✓ Track your progress, start or engage in discussion and send questions to the course facilitator
- ✓ Access the modules at any time as many times as you want over a two-month period
- ✓ Blend of teaching-learning approaches
- ✓ Narrated modules with examples from practice
- ✓ Workbook, essential reading, learning exercises, newly revised description of the levels of creative ability and treatment guidance, experiential sessions, quizzes
- ✓ Access to conference posters and presentations relevant to course topic
- ✓ Course completion certificate
- ✓ Post training support regarding application to practice

The following are freely available to all course participants:

- ✓ ICAN Overview of the VdTMoCA for all disciplines – online narrated presentation
- ✓ ICAN list of publications and resources (up-to-date) – Downloadable pdf
- ✓ Practice-based publication *Creativity*

Freely accessible via the internet:

**Sherwood W (2011)** An introduction to the Vona du Toit Model of Creative Ability. *TOG (A Caruna)*, 8(14) (26 pages). [On-line] Available at: <http://www.revistatog.com/num14.htm>

#### Team rate

Teams of 10 or more within a Trust or Independent healthcare provider can apply for the team rate of £250 per person for courses advertised at £320 per person. The team can comprise of staff undertaking the VdTMoCA training for Occupational Therapists, OT Support Workers and/or Nurses and Healthcare Assistants.

The training must be undertaken by participants individually. This option supports lead OTs in getting teams trained at the same/similar time and enables new additions to the team to get quickly up-to-speed, as the team has 6 months for all staff to complete their respective training courses. Hence, this option seeks to support services in gaining access to the model as cost-effectively and quickly as possible.

The full amount must be paid in advance. Once a course participant has registered for the course online, his/her place cannot be transferred and the course must be completed within 2 months.

Contact [wendy@ican-uk.com](mailto:wendy@ican-uk.com) for information.

#### Bookings

To book any course, complete the relevant booking form available at <http://www.vdtmocaf-uk.com/page/training-cpd-and-resources>